

Dakota County Presentation

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Services provided in Dakota County



- Residential Services (IRTS/Crisis)
- Assertive Community Treatment (ACT)
- Targeted Case Management (TCM)
- Employment Services
- Community Support Program (CSP)
- Projects for Assistance in Transition from Homelessness (PATH)

Residential and Crisis Services

- **Intensive Residential Treatment Services (IRTS)** offer a safe, home-like environment to develop or enhance the stability of mental and/or chemical health for up to 90 days.
- **Crisis Stabilization** services offer up to 10 days of intensive services to stabilize and determine the next best level of care.
- Staff are available 24/7 to address client needs.
- Services are provided by an interdisciplinary team including mental health counselors, mental health practitioners, peer recovery specialist, psychiatrist, registered nurse, and a licensed mental health professional.



Assertive Community Treatment (ACT)

- **Assertive Community Treatment** provides a single, fixed point of responsibility for treatment, rehabilitation, and support needs for clients.
- Aims to prevent homelessness by stabilizing mental health and building useful skills.
- ACT clients can also receive other services from Guild at the same time, such as Employment Services or IRTS.
- Services are offered 24/7 in a community-based setting by an interdisciplinary team including a psychiatrist, registered nurse, case managers, peer support specialist, and a clinical supervisor.

Targeted Case Management (TCM)

- **Targeted Case Management** is a client-centered, community-based program that supports individuals with SPMI to live as independently as possible.
- Goal setting is client led, and can include functional assessments, individual community support plans, and diagnostic assessments.
- Services are provided by a team of case managers and a qualified mental health professional.
- TCM clients often receive other Guild services as well, such as Employment Services or IRTS.

Employment Services

- Our **Employment Services** program views work holistically as a critical part of the recovery process.
- We use the **Individual Placement and Support (IPS)** model, which is an evidence-based practice of supported employment.
- Our Employment Specialists support clients in:
 - Determining career interests and searching for jobs
 - Preparing for interviews and finding the resources needed to succeed.
 - Deciding whether to disclose mental illness to employer.
 - Maintaining employment.
 - Partnering with mental health treatment teams and vocational rehabilitation services when appropriate.



Community Support Program (CSP)

- The **Community Support Program (CSP)** center in West Saint Paul is a hub for an array of psychiatric rehabilitation services designed to support recovery and self-sufficiency.
- Clients can receive Assertive Community Treatment, Targeted Case Management, and Employment Services at the CSP in addition to in their communities.
- CSP Drop-in Center activities include art classes, museum trips, personal finance and career classes.
- A client-led member council makes decisions for CSP operations.

Projects for Assistance in Transition from Homelessness (PATH) Cooperative Agreement (MOU)

- Our **PATH** teams are mobile, building rapport, connecting unsheltered people to housing waitlists/coordinated entry services and other resources needed to access housing.
- Our teams meet people at encampments, libraries, parks, and shelters.
- PATH works with and accepts referrals from community partners, including law enforcement, shelters, food shelves, treatment programs, and faith-based organizations.

Program Outcome Measures for 2025

	Intensive Residential Treatment Services	Crisis Services	Assertive Community Treatment	Targeted Case Management	Employment Services	PATH
# of Clients Served	69	76	53	526	162	91
% of Capacity	85%	85%	106%	88%	116%	73%

Financials for 2025

	Budget 2026 – 2027
Targeted Case Management (TCM)	\$1,500,000
Assertive Community Treatment (ACT) and Community Support Program (CSP) Services	\$550,000
Intensive Residential Treatment Services (IRTS) and Crisis Bed Stabilization Services	\$250,000
Individualized Placement and Support (IPS) Employment Services	\$389,328
Projects for Assistance in Transition from Homelessness (PATH) Cooperative Agreement (MOU)	\$0

Questions



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