Child and Teen Checkups Program Updates

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1

Agenda

- Child and Teen Checkups (C&TC) overview
- Data/Impact
- Resources

2

Terminology and Mandates

Medicaid

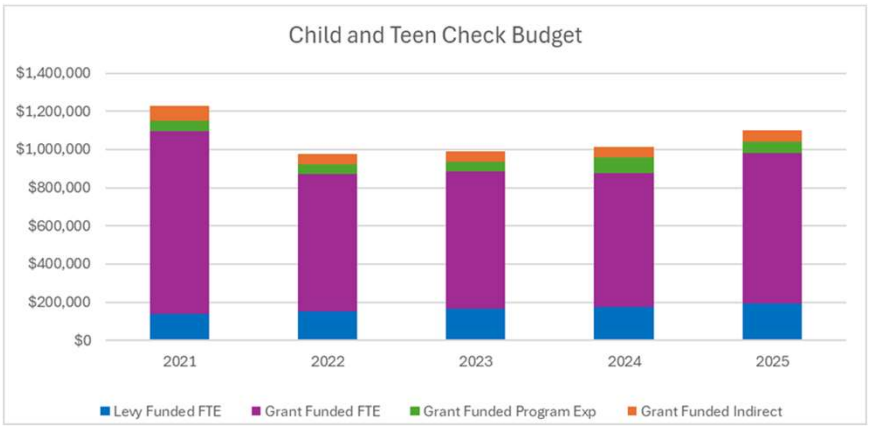
Early and Periodic Screening, Diagnostic, and Treatment (EPSDT)

3

Terminology and Mandates

4

Program Budget



5

Why the Mandate Exists

6

Screening Standards

DHS-3379-ENG 9-25

Minnesota Child and Teen Checkups (C&TC) Schedule of Age-Related Screening Standards

C&TC Screening Components by Age C&TC Fact Sheet for each component	Infancy				Early Childhood						Middle Childhood					Adolescence									
	0-1 mo	2 mo	4 mo	6 mo	9 mo	12 mo	15 mo	18 mo	24 mo	30 mo	3 yrs	4 yrs	5 yrs	6 yrs	7 yrs	8 yrs	9 yrs	10 yrs	11 yrs	12 yrs	13 yrs	14 yrs	15 yrs	16 yrs	17 yrs	18 yrs	19 yrs	20 yrs
Anticipatory guidance & health education	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Measurements:																												
Head circumference	•	•	•	•	•	•	•	•	•																			
Height and weight	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Weight for length percentile	•	•	•	•	•	•	•	•																				
Body mass index (BMI) percentile									•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Blood pressure											•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Health history, including social determinants of health	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Developmental, social-emotional, mental health:																												
Surveillance	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Developmental screening					R			R		R	R	→																
Social-emotional or mental health screening				R		R		R	R	R	R	R	R	R	R	R	R	R	R	•	•	•	•	•	•	•	•	•
Suicide risk screening*																				R	R	R	R	R	R	R	R	R
Autism spectrum disorder screening								R	R																			
Postpartum depression screening	R	R	R	R	→																							
Physical exam: head to toe, including oral exam and sexual development	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Immunizations and review	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Newborn screening follow-up: blood spot and critical congenital heart defect	X	→																										
Laboratory tests and risk assessments:																												
Blood lead test					←	•	→	←	•	→	*First dose at 24 mo	→																
Hemoglobin/hematocrit					←	•	→												← One time for menstruating adolescents →									
Hepatitis C Virus (HCV) and Syphilis*																										R	→	
HIV screening for all youth at least one time																			X	X	X	X	←	•	→	X	X	
Sexually transmitted infection (STI) risk assessment, with lab testing for sexually active youth																			X	X	X	X	X	X	X	X	X	
Tuberculosis risk assessment	X			X		X			X		X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Dyslipidemia risk assessment*									X			X		X		X	←	X	←			X				X		
Tobacco, alcohol or drug use risk assessment																			X	X	X	X	X	X	X	X	X	X
Vision screening: distance (3+ years) and near (5+ years) acuity	X	X	X	X	X	X	X	X	X	X	•	•	•	•	•	•	•	•	←	•	→	←	•	→	←	•	→	
Hearing screening: add high frequency screening at 11+ years	X	X	X	X	X	X	X	X	X	X	R	•	•	•	•	•	•	•	←	•	→	←	•	→	←	•	→	
Oral health:																												
Dental checkups: Verbal referral to dental provider at eruption of first tooth or no later than 12 months of age and every visit				•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Fluoride varnish application (FVA) starting at eruption of first tooth				•	•	•	•	•	•	•	•	•	•															
All C&TC visits require a HIPAA-compliant referral condition code: ST, S2, AV or NU*	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•

KEY: • Required component for the visit
X If no Newborn Screening results on file, or did not pass, follow up appropriately
R Recommended screening for visit
←→ Indicates range to provide component at least one time
X Required risk assessment followed by appropriate action
* Refer to back side for more information

7

The Team

8

Individual Outreach

- Phone Calls
- Letters
- Community Referrals

9

2024 Snapshot

Child and Teen Checkups

BY THE NUMBERS

32,307
Individuals
eligible for Child and Teen Checkups

39,442
Letters
mailed

5,955
Phone Calls
by staff to individuals

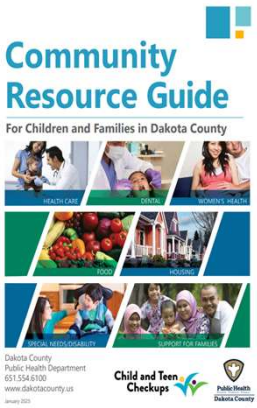
10

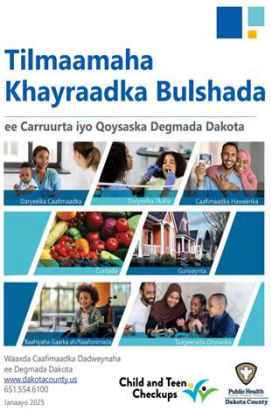
Oral Health Work

In 2024:

- **569 families** access to their dental health care benefits.
- **1,117 oral health kits** to children and adults.
- Provided oral health information and clinic resources at **25 outreach events**.
- Attended **8 head start events** to provide oral health education.

Community Resource Guides





Community Outreach

- Provide health education and community resources to families.
- Increase access to medical and dental care

Clinic Outreach

- Collaborate with clinics in Dakota County that see MA eligible children and young adults.

Internal and External Partnerships

Internal Collaboration

- Family Home Visiting
- WIC
- Social Services
- Employee and Economic Assistance
- Community Corrections

External Collaboration

- Community Partners
- Metro Action Group
- Other County C&TC Programs
- Oral Health Task Force
- Faith Communities

15

Back to the Why

16

Questions

17

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18