

# 2026 Medical Plan Projections

September 9, 2025

# **Executive Summary**



- Dakota County has been self-insured since 2013.
- Overall rate increase for 2026 is 8.9% (average across the three plan options).
- Enrollment in the Select and HSA plans has slightly increased from 2018.
- The Dakota Advantage medical plan continues to have the majority of the enrollment.

## **Claims Projections**



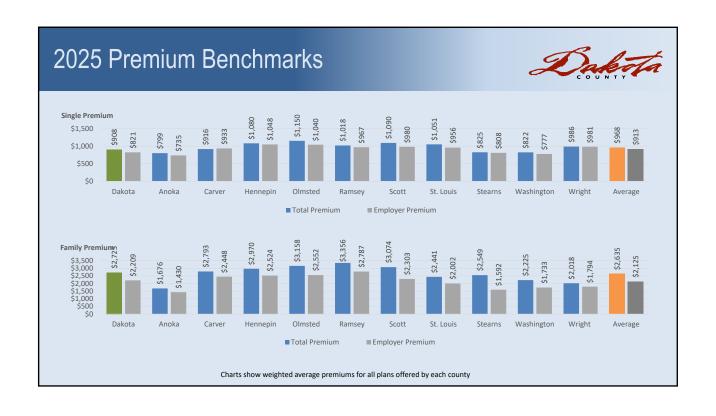
- Used claims incurred 1/1/2023 5/31/2025 and paid through 5/31/2025 (mix of claims experience under UMR and BCBS MN).
- There were 7 claims above the \$450,000 individual stop loss level during the experience periods (4 in 2023, and 3 in 2024).
- The change to BCBS MN for 2025 will produce an estimated 1% cost decrease due to the combination of improved discounts, network access, pharmacy rebates, and administrative fees (before any claims trend assumption).
- Claims were projected forward assuming a blended 8.75% annual trend for medical and pharmacy.
  - Based on market surveys, actuarial estimates, and County experience

### **Fixed Costs and Rebates**



- Fees for HRA, HSA, and FSA account administration remain unchanged from 2025.
- Premiums for Individual stop loss coverage and Aggregate stop loss reflect a 10.1% increase over 2025, which is significantly lower than current market renewals for similar stop-loss levels (22%).
- Estimated Pharmacy rebates for 2026 on a PEPM basis increased approximately 11% over 2025 levels.

### 2026 Medical Plan Rates 11.0% **Advantage** 0.0% **HSA** Select 8.5% 2025 Medical Premium 2026 Medical Premiums Add'l EE Per Pay Total County Total County **EE Per Pay** Employee **EE Monthly EE Monthly** Monthly Monthly Period Monthly Monthly Cost Per Pay Period Dakota Advantage \$993.80 \$894 42 \$1,103.12 \$99.38 \$49.69 \$992.81 \$110.31 \$5.47 Single \$55.16 Single + 1 \$2,186.35 \$1,858.40 \$327.95 \$163.98 \$2,426,85 \$2,062,82 \$364.02 \$182.01 \$18.04 Family \$2,981.42 \$2,385.14 \$596.28 \$298.14 \$3,309.38 \$2,647.51 \$661.87 \$330.94 \$32.80 Dakota HSA \$726.68 \$662.58 \$64.10 \$32.05 \$726.68 \$662.58 \$64.10 \$32.05 \$0.00 Single \$1,598.71 Single + 1 \$1,430,42 \$168.29 \$84.15 \$1,430,42 \$168.29 \$0.00 \$1.598.71 \$84.15 \$2,180.06 \$1,835.85 \$2,180.06 \$1,835.85 \$172.11 Family \$344.21 \$172.11 \$344.21 \$0.00 Dakota Select \$843.03 \$767.15 \$75.88 \$37.94 \$914.69 \$832.36 \$82.33 \$41.16 \$3.22 Single Single + 1 \$1,854.66 \$1,616.86 \$237.80 \$118.90 \$2,012.31 \$1,754.29 \$258.01 \$129.01 \$10.11 \$2,529.09 \$2,075.15 \$2,744.06 \$2,251.54 \$492.52 \$246.26 Family \$453.94 \$226.97 \$19.29



# History of Rate Increases



Year	Advantage	HSA	Select
2016	0.0%	0.0%	
2017	2.8%	2.8%	
2018	8.0%	4.0%	New
2019	9.7%	7.5%	8.9%
2020	9.9%	6.0%	7.0%
2021	5.4%	0.0%	2.0%
2022	5.0%	0.0%	2.0%
2023	6.5%	4.0%	4.9%
2024	7.5%	3.5%	4.5%
2025	8.6%	8.6%	8.6%
2026	11.0%	0.0%	8.5%
10-Year Average	7.4%	3.6%	5.8%