

Dakota County Statewide Health Improvement Partnership (SHIP)

Cumulative Progress Report 2015 – 2022

SHIP Awarded Funds

SHIP Dakota County Public Health Department was awarded aprox. \$782,852 each grant cycle from the Minnesota Department of Health.

► **Leveraged Funds**
Additional funds secured from community partners with SHIP support.



April 2023

SHIP 2022

2021 – 2022



Healthy Eating

- Increased opportunities for healthy eating or breastfeeding support in schools (2) and worksites (4)
- Food shelf mini grants (6) awarded to expand capacity to serve more individuals
- Farmers markets (10) supporting implementation of SNAP benefits and Farmers Market Bucks



Active Living

- 1 county, 4 city-lead plans to support walking and biking
- Increased opportunities for physical activity in schools (2) across 2 districts, worksites (1)
- Safe Routes to School (SRTS) planning at schools (2)



Commercial Tobacco

- 8 more policies/total 262
- Approximately, 59% of Dakota County properties are smoke-free
- 3 school districts implemented evidence-based vaping prevention efforts
- Increased opportunities for tobacco cessation at worksites (1)



Mental Health and Well-Being

- Countywide Present Teacher Restoration Project across all (10) of our Public School Districts, (304) educators and (932) hours of training
- Increased opportunities for mental health and resilience in schools (17) across (9) districts and worksites (1)
- Co-organized 9 meetings with SHIP Comm. Leadership Team of school district cultural liasons

SHIP 4 (Year 5) + SHIP 2021

2019 – 2021



Healthy Eating

- Increased opportunities for healthy eating or breastfeeding support in schools (4) and worksites (2)
- Food shelf mini grants (5) awarded to expand capacity to serve more individuals
- Farmers markets (9) supporting implementation of SNAP benefits & COVID-19 safety



Active Living

- 1 county, 5 city-lead plans to support walking and biking
- Increased opportunities for physical activity in schools (4) across 4 districts, worksites (6) and Early Childhood programs (3)
- SRTS planning at schools (2)



Commercial Tobacco

- 30 more policies/total 252
- 57% of Dakota County properties are smoke-free
- 5 school districts implemented evidence-based vaping prevention efforts



Health Care

- 2 community partners to support FoodRx™ pilot program impacting 43 families



MH & Well-Being

- NEW SHIP strategy launched and implemented across schools (30), districts (9), worksites (6) and Early Childhood programs (3)

SHIP 4 (Years 3 & 4)

2017 – 2019

- Increased opportunities for healthy eating or breastfeeding support in worksites (11) and Early Childhood programs (6)
- Corner stores (5) offering healthier food options, including halal stores

- 1 county, 3 city-led plans to support walking and biking
- Increased opportunities for physical activity in schools (18) across 6 districts and worksites (11)
- Safe Routes to School (SRTS) planning at schools (6)

- 78 more policies/222 total
- 50% of properties are smoke-free
- Supporting DC CDA and HRA and connecting residents to cessation resources

- Falls Prevention
- Community collaboration and evidence-based programming at 7 sites

SHIP 4 (Years 1 & 2)

2015 – 2017

- Increased opportunities for healthy eating or breastfeeding support schools (10), worksites (11) & Early Childhood programs (6)
- Dakota County Food Shelf Alliance created and continued to meet outside of SHIP

- 2 county, 6 city-led plans to support walking and biking
- Increased opportunities for physical activity in schools (24), worksites (10) and Early Childhood programs (12)

- Previous baseline from 2015 (98 policies) Goal 20 more policies; outcome 46 additional policies/144 total
- 33% of properties are smoke free

- Falls Prevention
- Community collaboration and evidence-based programming at 4 sites

► \$ 4,372,803

► \$ 6,295,663

► \$ 3,909,565

► \$ 1,323,083