



*Restoring Hope. Reshaping Futures.*



Nicole Mucheck, Executive Director

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# Who We Are

Nexus Family Healing is a national nonprofit mental health organization that restores hope for thousands of children, families, and adults each year through services in community mental health, crisis and stabilization, foster care and adoption, and residential treatment.

For over 50 years, we have used innovative, personalized approaches to heal trauma, break cycles of harm, and reshape futures. We believe every child is worth it — and every family matters.



# Our Mission

Changing the course of a child's life by stabilizing families and strengthening mental health.



# In Dakota County, We Provide...

## + COMMUNITY MENTAL HEALTH THERAPY

*Helping families heal – right where they live.*

- Telehealth and in-person appointments, as well as in-home, in-school, and other on-site therapy services.
  - **Collaborative Intensive Bridging Services (SFT/CIBS)**
  - **Community Reintegration Services (CRS)**
  - **Children's Therapeutic Services & Supports (CTSS)**

## + CRISIS & STABILIZATION

*Responsive support, when it's needed most.*

- Crisis intervention, mobile response, stabilization, and bridging services.
  - **Short-Term Youth Shelter - Aspen House**

## + FOSTER CARE & ADOPTION

*A safe and caring home for every child.*



Foster care and adoption services to provide safe, stable homes. **Resisting Hope. Reshaping Futures.**

# Making an Impact

## SFT/CIBS & CRS - Survey Results & CANS Data/Functioning 2025

- **100% of responses** to the "Client Satisfaction Survey," agree with the statement, "I am satisfied with the services I/my child received."
- **100% of clients served in CRS successfully discharged**, meaning they completed one or more treatment goals.

### Overall

- **In 2025/2026**, Nexus Family Healing **served 12 clients from Dakota County** across SFT/CIBS and CRS programs.
- Across all community-based services (SFT/CIBS, CRS, CTSS, & Outpatient), Nexus Family Healing served **77 clients from Dakota County in 2025/2026.**

**“Thank you for helping my child become the best version of himself. I thought Nexus was only for him but I quickly learned to become a better version of myself as well. So for that  
THANK YOU!”**

**- Nexus-FACTS Parent**



# Making an Impact

## Aspen House - Dakota County Youth Served in 2025

- Aspen House provided **38 youth from Dakota County** with a safe place stay, for an average 16 days.
- **Last year in 2025, 74% of Dakota Youth discharged from Aspen House to either reunite with family or step down to a lower level of care.**
  - 16% of youth discharged to a more restrictive setting as part of their discharge plan
  - 10% of youth eloped, down 7.2% from 2024
- **90% of Dakota youth were able to successfully stay in Aspen House's care** until a planned discharge to another placement was arranged.

## Youth Satisfaction Discharge Survey – Aspen House 2025

- Some areas rated favorably by youth included "Your safety with staff," "The staff's respect of your rights," and "Staff help with getting you ready for discharge."

**"I loved going to the outings and I loved the staff which made me feel like I belonged."**

- Aspen House Youth



# Questions

## Contact Information

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